



Year 8 Girls Receiving HPV in School

The School Nursing Service is coming into school between March and June 2015 to deliver the HPV Programme. This is the second of two vaccinations that you will receive in school. We have developed some information to help you get ready for the vaccination sessions:

On the day:-

- The school will let you know the dates the vaccinations are happening
- Make sure you eat your breakfast in the morning.
- There is no need to take any paracetamol before the vaccination but if your arm aches afterwards you can take some.
- Wear a short sleeve shirt or wear a vest top underneath your long sleeve shirt so that we can access the top of your arm easily.
- Don't feel embarrassed to ask any questions on the day, there is no such thing as a silly question!

The last vaccination:-

- All the above information is relevant
- You will also receive a completion letter and a card with your vaccination dates on - to share with parents or adults at home.

In the future:-

- While HPV vaccination offers significant protection against cervical cancer it is not 100% protection. It is still extremely important that you still have smear tests when you receive a letter from your GP inviting you to make an appointment. This is normally at age 25.
- The vaccination doesn't protect you against Sexually Transmitted Infections (STI's) so it is still important to remember to have safe sex.

**If you or your parents have any questions please contact the
School Nursing Service on
02392 291120**