

2021-2022 PSHE Lesson Overview

Year group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
7	<p>Topic: Healthy Eating</p> <ol style="list-style-type: none"> 1. Healthy Eating 1 2. Healthy Eating 2 3. Healthy Lifestyles 4. Rest and Relaxation 5. Quiz 6 7. <p>(Broken up with transition lessons on starting year 7)</p>	<p>Topic: Pressure and Influences</p> <ol style="list-style-type: none"> 1. Peer Pressure 2. Influence 3. Radicalisation 4. Right Wing Extremism 5. County Lines 6 Social influence & Quiz 7. 	<p>Topic: RSE</p> <ol style="list-style-type: none"> 1. Changing Bodies 2. Changing Emotions 3. Self-Image 4. Loving Relationships 5. Sexual Relationships 6. Human Reproduction 7. Quiz 	<p>Topic: Relationships</p> <ol style="list-style-type: none"> 1. Healthy Relationships 2. Healthy Relationships 2 3. Kindness 4. Respect 5. Consensual Relationships 6 Scenarios – healthy or unhealthy? 7. Quiz 	<p>Topic: Mental Health</p> <ol style="list-style-type: none"> 1. What is mental Health? 2. Stress 3. Feeling Down 4. Supporting Yourself 5. Supporting Others 6. Quiz 7. 	<p>Topic: Citizenship</p> <ol style="list-style-type: none"> 1 Political system in the UK 2. Operation of Parliament 3. Precious Liberties 4. Law and the Justice system 5. Citizenship and Community 6. Money and budgeting 7. Quiz
8	<p>Topic: Careers</p> <ol style="list-style-type: none"> 1. Intro to careers. Why do people go to work? Career values. 2. Investigating work roles (huge variety) and busting myths 3. Investigating Skills and Qualities. How do these relate to the world of work. 4. Early aspirations and dream jobs 5. World of Work 6. Quiz 7. 	<p>Topic: Influences and Peer Pressure</p> <ol style="list-style-type: none"> 1. Peer Pressure 2. Peer Pressure Scenarios 3. Knife Free 4. Drugs and Alcohol 5. Radicalisation 6. Quiz 7. 	<p>Topic: Relationships</p> <ol style="list-style-type: none"> 1. Healthy Relationships 2. Healthy Relationships 2 3. Kindness 4. Respect 5. Consensual Relationships 6. Stereotypes and prejudice 7. Quiz 	<p>Topic: RSE</p> <ol style="list-style-type: none"> 1. Loving Relationships 2. Intimacy 3. Attraction 4. Sexual Relationships 5. Consent Scenarios 6. Quiz 7. 	<p>Topic: Media Influence</p> <ol style="list-style-type: none"> 1. What is the Media? 2. Self-Image 3. Hateful comments 4. Censorship 5. Reliable Media 6. Quiz 7. 	<p>Topic: Citizenship</p> <ol style="list-style-type: none"> 1 Political system in the UK 2. Operation of Parliament 3. Precious Liberties 4. Law and the Justice system 5. Citizenship and Community 6. Money and budgeting 7. Quiz
9	<p>Topic: Healthy Lifestyle</p> <ol style="list-style-type: none"> 1. Healthy Eating 1 2. Healthy Eating 2 3. Healthy Lifestyle 4. Rest and relaxation 5. Personal Hygiene 	<p>Topic: Social Influence and County Lines</p> <ol style="list-style-type: none"> 1. Attitudes to Drugs 2. County Lines 3. Drugs, the Law and Risk 4. Risk 	<p>Topic: Careers - Preparing for GCSE Options</p> <ol style="list-style-type: none"> 1. Preparing for GCSE Options: what do you know about GCSEs 	<p>Topic: Living in the Wider World</p> <ol style="list-style-type: none"> 1. Communication 2. Time Management 3. Budgeting 1 4. Budgeting 2 	<p>Topic: RSE</p> <ol style="list-style-type: none"> 1. Types of Intimacy 2. Consent 3. Contraception 4. Sexual Health 5. Roles of Families 	<p>Topic: Preparing for GCSE Success and Developing Personal Agency</p> <ol style="list-style-type: none"> 1. Preparing for GCSE success: what do you know about GCSEs

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	6. Quiz 7.	6. Prescription drugs 7. Quiz.	2. Working out what subjects to study 3. Qualifications Framework and college entry requirements 4. Career Stereotypes 6. Quiz 7.	5. Healthy Meals 6. Quiz 7.	6. Quiz 7.	2. Personal Agency or Making my Own Luck 3. Confidence 4. Skills and Qualities and how they link to employment 5. Personality test 6. QUIZ 7.
10	Topic: Employability Skills 1. What employers are looking for? 2. What do I have to offer? 3. Writing a CV 4. Writing a CV 2 5. Interview Skills 6 Quiz 7.	Topic: Drugs 1. Attitudes to Drugs 2. County Lines 3. Drugs, the Law and Risk 4. Risk 5. Managing Influences 6. Prescription drugs 7. Quiz	Topic: Citizenship 1. Parliamentary Democracy 2. Different electoral systems 3. Other forms of government (democratic and non-democratic) 4. UK's role within Europe 5. Legal system in the UK 6. Citizenship and community 7. Income and expenditure	Topic: Financial Skills 1. influences on students' financial choice 2. How to budget effectively 3. Fraud and how to protect yourself 4. Models of employment contracts and self-employment 5. Financing University – pros and cons and busting myths 6. Quiz 7.	Topic: RSE 1. Healthy Relationships 2. Unhealthy Relationships 3. Contraception and STIs 4. Sexual Harassment and Consent (including FGM) 5. Fertility and Infertility 6. Quiz 7.	Topic: Choices and Pathways Post-16 1. post-16 options 2. Looking for a job 3. CVs – let's get them done 4. Career Identity – what to do next 5. Create an email address, find some college courses, email your careers leader 6. Quiz 7.
11	Topic: Finance Skills 1. Labour Market Information 2. Understanding payslips 3. Budgeting 4. Responsible Consumer 5. Quiz 6.	Topic: Drugs 1. Attitudes to Drugs 2. County Lines 3. Drugs, the Law and Risk 4. Risk 5. Managing Influences 6. Prescription drugs 7. Quiz	Topic: Citizenship 1. Parliamentary Democracy 2. Different electoral systems 3. Other forms of government (democratic and non-democratic) 4. UK's role within Europe	Topic: RSE 1. Healthy Relationships 2. Contraception and STIs 3. Sexual Harassment and Consent (including FGM) 5. Pornography 5. Fertility, infertility and miscarriage 6. Pregnancy	Topic: Online safety and Behaviour 1. What is Social-Media? 2. Cyber-bullying 3. Sending or Receiving explicit images 4. Self-Image 5. Mental Health	Topic: N/A Exam Time Tutor time to be spent on Revision/supporting student wellbeing.

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