



# Ark Charter Academy

21<sup>st</sup> April 2021

Dear Parents and Carers,

As a part of your child's education at Charter Academy, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that, over the next term your child's class will be taking part in lessons which will focus on the relationships and sex education (RSE) aspect of this programme. These RSE lessons will include teaching about; healthy relationships, including friendships and intimate relationships, families, growing and changing, including puberty, personal hygiene, changing feelings, becoming more independent, keeping safe and consent, developing self-esteem and confidence. Pupils will also have opportunities to ask questions that help prepare them for relationships of all kinds in the modern world.

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. Please visit the school's website for more detail about our PSHE curriculum. All PSHE teaching takes place will take place in a safe learning environment and is underpinned by our school ethos and values.

If you have any questions or concerns, please contact [c.cotton@charteracademy.org.uk](mailto:c.cotton@charteracademy.org.uk).

Yours sincerely,  
Courtney Cotton  
Head of RE and PSHE



**Pupil Premium  
Awards 2015  
National Winner**  
Secondary schools with  
published KS4 results



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