

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main course	Chicken piri-piri Charter style	Beef lasagne	Roasted gammon	Chicken korma	Fish fingers with lemon wedges
Main course	Meat balls cooked in rich tomato sauce	Red Thai curry chicken	Chicken breast roasted with stuffing ball	Turkey Milanaise	Cheeseburger
Vegetarian option	Bean stew and cabbage	Vegan lasagne	Wellington style Quorn	Chunky roasted vegetables in tikka massala sauce	Quorn Cajun fillet with garlic mayonnaise in bap
Jacket bar	With baked beans and cheese	With baked beans and cheese	With baked beans and cheese	With baked beans and cheese	With baked beans and cheese
Bar food	Margherita pizza	Margherita pizza	Margherita pizza	Margherita pizza	Margherita pizza
Carbohydrate	Plain potato wedges/ fusilli	New boiled potatoes //coconut rice	Roasties	Plain rice//steamed new potatoes	Oven chips
Vegetable	Sauté Broccoli, sliced green beans	Peas and carrot	Cauliflower cheese Roast carrot honey parsnip	Baby carrot and sweetcorn	Peas
Baguette	Baguette of the day	Baguette of the day	Baguette of the day	Baguette of the day	Baguette of the day
Dessert	Fresh fruit ,	Fresh fruit Apple crumble and custard	Fresh fruit ,	Fresh fruit ,	Fresh fruit ,
Salad bar	Tomato,cucumber,lettuce, coleslaw compound salad , ,sweetcorn mixed salad	Tomato,cucumber,lettuce, coleslaw compound salad , ,sweetcorn mixed salad	Tomato,cucumber,lettuce, coleslaw compound salad , ,sweetcorn mixed salad	Tomato,cucumber,lettuce, coleslaw compound salad , ,sweetcorn mixed salad	Tomato,cucumber,lettuce, coleslaw compound salad , ,sweetcorn mixed salad